

Info●Point

Issue 2, May 2012

Bringing knowledge to Commissioner's desktop

Chronic Obstructive Pulmonary Disease (COPD)

This is the second briefing on local CCG priority topics in Gateshead, South Tyneside or Sunderland. We hope it gives you a taste of relevant information resources. Please [let us know](#) your views about the usefulness of this approach.

Where to start?

If this is your first look at this topic, you may be wondering where do I start looking? How do I go about finding information? Where do I get the latest and most up to date information?

A good starting point is to find out if there are any local networks or groups working in your area?

Local network.....

[North East Respiratory Network](#) is a closed group but registration is quick and easy. The network works closely with clinicians and other staff from across the region to refine and implement improvement plans.

It also has to date information on service improvement, campaigns, guidance etc. and is well worth a visit.

And, of course, don't forget to ask your colleagues and other professionals working in the same subject area for tips and suggestions.

Local information.....

[British Lung Foundation](#): newsletter for the North East

North East Public Health Observatory

[Chronic Obstructive Pulmonary Disease](#) in the North East of England

Fresh, Smoke Free North East.

<http://www.freshne.com/>

What about further afield?

Good Practice and Innovation

Do you want to know who has tried out new ways of working? We've highlighted just a few examples below:

[NHS Improvement - Lung](#)

Twenty examples of innovation and good practice around COPD and lung health – improving service delivery, cost reduction and patient benefit and satisfaction.

Includes:

- Whole Pathway Service Improvement in COPD (DART Darlington Respiratory Team)
- Integrated COPD Services Across PBC Clusters (NHS Nottinghamshire County)
- Integrated Care in COPD (whole pathway) (Northumbria Healthcare Trust)
- Whole Systems Approach to Prevention, Diagnosis, Treatment and Management of COPD (Sandwell PCT)

[Respiratory Medicine COPD Team \(Royal Surrey County Hospital\)](#)

The team has developed a COPD Home service crossing traditional boundaries and linking with private and public sector agencies and patient groups

[BREATHE \[ongoing\]](#)

The BREATHE project at Walsall Hospitals NHS Trust aims to reduce the number of re-admissions and improve the patient experience for those with a respiratory condition by integrating the acute sector and primary care to provide a seamless route through the patient journey.

[Community based teams for management of chronic obstructive pulmonary disease- Carmarthenshire.](#) Department of Health, 2009

[Hospital at Home for patients with acute exacerbations of chronic obstructive pulmonary disease.](#)

British Thoracic Society, 2009

In a hurry - want some pointers?

One quick starting point - search on "COPD" in [NHS Evidence](#) (as well as your usual web search!).

The screenshot shows the NHS Evidence website interface. At the top, there are navigation tabs for 'My Evidence' and 'Journals and Databases', and a 'Register' button. A search bar contains the text 'copd'. Below the search bar, the main content area displays the title 'Chronic Obstructive Pulmonary Disease: Introduction' with a 'Feedback' link. Underneath the title is the subtitle 'A general introduction to Chronic Obstructive Pulmonary Disease.' and the source information 'Source: Clinical Knowledge Summaries, 01 Nov 2010'. The main text area contains a bulleted list of key points about COPD. To the right of the main content, there is a vertical sidebar with a 'Close' button at the top and several menu items: 'Medicines', 'Evidence Uncertainty', 'Ongoing Research', 'Information for the public', 'Commissioning', and 'Guidance'. The sidebar items are arranged vertically and have a chevron icon to their left.

My Evidence Journals and Databases Register

copd

NHS Evidence

Close

Chronic Obstructive Pulmonary Disease: Introduction Feedback

A general introduction to Chronic Obstructive Pulmonary Disease.

Source: Clinical Knowledge Summaries, 01 Nov 2010

- Chronic obstructive pulmonary disease (COPD) is a treatable (but not curable) and largely preventable lung disease with symptoms such as cough, sputum, and increasing breathlessness [Qaseem et al, 2007; Eva et al, 2009].
 - It is characterized by airflow obstruction which is usually progressive, not fully reversible, and does not change markedly over several months [National Clinical Guideline Centre, 2010].
 - The obstruction is due to a combination of airway disease (obstructive bronchiolitis) and parenchymal damage (emphysema), and is associated with abnormal inflammatory response of the lungs, mainly to noxious particles, especially cigarette smoke [GOLD, 2009].
- 'COPD' is the preferred term for chronic bronchitis, emphysema, or chronic obstructive airways disease [National Clinical Guideline Centre, 2010].

Introduction

Medicines

Evidence Uncertainty

Ongoing Research

Information for the public

Commissioning

Guidance

What about new stuff? How do I keep up to date?

Current awareness bulletins are a really good way to keep up to date with your chosen topic. Here is an example:

[Respiratory Bulletin](#) (from TIN – The Improvement Network)

This bulletin is produced every two months and contains the latest NICE guidelines, systematic reviews, economic evaluations, health technology assessments, newly published articles, the latest journal tables of contents and NHS Behind the Headlines news stories.

It can be downloaded as PDF or subscribe to the email version at: [PDF version of the bulletin](#)

Once you register for this service, you can usually select the topics you want alerting to and how often you want to receive them.

Service Delivery & Management

The serious stuff.....

CG101 Commissioning services for people with Chronic Obstructive Pulmonary Disease (COPD). [October 2011, updated March 2012]

<http://www.nice.org.uk/usingguidance/commissioningguides/copd/copd.jsp>

NHS Evidence - Chronic Obstructive Pulmonary Disease

<https://www.evidence.nhs.uk/topic/chronic-obstructive-pulmonary-disease>

[An outcomes strategy for COPD and asthma: NHS companion document](#)

This document uses the framework of the five domains of the *NHS Outcomes Framework* to describe the actions and interventions that the NHS can take to meet the objectives in the *Outcomes Strategy for COPD and Asthma*.

[Data briefing: Emergency hospital admissions for ambulatory care-sensitive conditions. Identifying the potential for reductions \[April 2012\]](#)

This briefing highlights for commissioners the opportunities for improving the quality of care and saving costs that reducing emergency hospital admissions for ACSCs presents.

The official stuff.....

The National Institute for Health and Clinical Excellence (NICE) has produced guidance on treatment and on care pathways.

CG101 Commissioning services for people with Chronic Obstructive Pulmonary Disease (COPD). [October 2011, updated March 2012]

<http://www.nice.org.uk/usingguidance/commissioningguides/copd/copd.jsp>

CG101 Chronic obstructive pulmonary disease: Management of chronic obstructive pulmonary disease in adults in primary and secondary care (partial update) This guideline partially updates and replaces NICE clinical guideline 12 [June 2010]

<http://www.nice.org.uk/nicemedia/live/13029/49397/49397.pdf>

Update to CG101 (Jan 2012)

<http://www.nice.org.uk/nicemedia/live/13029/49425/49425.pdf>

[British Thoracic Society](#) guidelines are available from the links below. Information about the BTS Guideline Production process and resources for Guideline Groups is available in the [Guideline Development Centre](#).

NICE Pathways – COPD overview

<http://pathways.nice.org.uk/pathways/chronic-obstructive-pulmonary-disease>

Clinical Management

The hard stuff.....

These links provide a snapshot of clinical information on the diagnosis, treatment and management of COPD in various settings including primary and secondary care and through long term care and support.

[Prodigy - COPD management](#)

Summary of evidence-based information and practical 'know how' about the common conditions managed in primary care, aimed at professionals working in primary and first-contact care from Prodigy.

CG101 Chronic obstructive pulmonary disease: Management of chronic obstructive pulmonary disease in adults in primary and secondary care (partial update) This guideline partially updates and replaces NICE clinical guideline 12 [June 2010]

<http://www.nice.org.uk/nicemedia/live/13029/49397/49397.pdf>

[Chronic obstructive pulmonary disease: Evidence Update February 2012](#)

A summary of selected new evidence relevant to NICE clinical guideline 101

This briefing was produced by South Tyneside NHS Foundation Trust's Key Library Information and Knowledge Service (KLIKS) for Clinical Commissioning Groups.

If you need help with any aspect of this briefing or want to influence future topics of the briefing, please contact:

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